

Next Steps

“Next Steps” are ideas and opportunities to help you go deeper in your faith. They are different each week, and linked to Sunday's message.

Below you'll find scriptures to read, questions for reflection, practices to try and opportunities to take action, all to help you become more like Jesus in your relationships with God, the Church and the world.

October 18, 2020 | “I Quit . . . Living in Fear”

What are some of the things you were afraid of growing up? How have you overcome some of those fears? What fears do you still have today?

Four common fears we all face:

1. fear of *loss*
2. fear of *failure*
3. fear of *rejection*
4. fear of the *unknown*

- In what ways do these fears impact your heart and life?
- How do these fears lead you to ask “*what if . . .*” questions?
- Where are you asking those questions today?
- How can asking “*who is . . .*” questions begin to confront the *what if's*?

To quit living in fear:

1. Acknowledge the fear and trust God.

Read Psalm 56:1-4 and then fill in this blank:

I am afraid of _____
(*answer honestly and share with God in prayer*)

2. Seek God until all fear is gone.

Read Psalm 34:4

- In what ways are you currently seeking God?
- In what new way can seek God this week?

For more study: Look up some of the over 300 “fear not” passages found in the Bible. Some suggestions: Joshua 1:9, Psalm 23, Psalm 27, Psalm 118:6, Isaiah 41:10, Isaiah 43:1, John 14:27, 2 Timothy 1:7